



Grandma Maud's kitchen bakes it up with only the highest quality ingredients and our favorites are sure to please all ages.



Thaw & Serve

- Banana Nut
- Blueberry
- Double Chocolate
- Green Apple Cinnamon

Premium Homestyle Muffins



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Made In
The USA

Can custom make any flavor upon request.

www.GrandmaMauds.com

These delicious treats are made with no artificial preservatives, are an excellent bread substitute and are great for breakfast or as a snack anytime.

Nutrition Facts	
Serving Size 1 muffin 4oz (113g)	
Servings Per Container 1	
Amount Per Serving	
Calories 400	Calories from Fat 210
% Daily Value*	
Total Fat 23g	36%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 70mg	24%
Sodium 330mg	14%
Total Carbohydrate 46g	15%
Dietary Fiber 1g	5%
Sugars 25g	
Protein 5g	
Vitamin A 2% • Vitamin C 2%	
Calcium 2% • Iron 4%	



Product Number
33470
Banana Nut
4 oz

INGREDIENTS: Unbleached Unbromated Wheat Flour, Sugar, Natural Food Starch, Baking Powder, Salt, Natural Flavors and Vegetable Gums, Water, Canola Oil, Banana, Walnuts, Eggs, Invert Sugar, Natural Banana Flavor, Baking Soda (Leavening)

ALLERGENS: EGGS, NUTS, WHEAT

Nutrition Facts	
Serving Size 1 muffin 4 oz (113g)	
Servings Per Container 1	
Amount Per Serving	
Calories 400	Calories from Fat 190
% Daily Value*	
Total Fat 22g	34%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 80mg	26%
Sodium 280mg	12%
Total Carbohydrate 47g	16%
Dietary Fiber 1g	4%
Sugars 27g	
Protein 5g	
Vitamin A 0% • Vitamin C 0%	
Calcium 2% • Iron 2%	



Product Number
33471
Blueberry
4 oz

INGREDIENTS: Unbleached Unbromated Wheat Flour, Sugar, Natural Food Starch, Baking Powder, Salt, Natural Flavors and Vegetable Gums, Water, Canola Oil, Wild Blueberries, Eggs, Invert Sugar, Natural & Artificial Blueberry Flavor

ALLERGENS: EGGS, WHEAT

Nutrition Facts	
Serving Size 1 muffin 4oz (113g)	
Servings Per Container 1	
Amount Per Serving	
Calories 400	Calories from Fat 180
% Daily Value*	
Total Fat 21g	32%
Saturated Fat 3.5g	16%
Trans Fat 0g	
Cholesterol 70mg	24%
Sodium 250mg	11%
Total Carbohydrate 52g	17%
Dietary Fiber 3g	10%
Sugars 31g	
Protein 5g	
Vitamin A 0% • Vitamin C 2%	
Calcium 0% • Iron 8%	



Product Number
33472
Double Chocolate
4 oz

INGREDIENTS: Unbleached Unbromated Wheat Flour, Sugar, Natural Food Starch, Baking Powder, Salt, Natural Flavors and Vegetable Gums, Water, Canola Oil, Semi-Sweet Chocolate (Sugar, Chocolate, Cocoa Butter, Milk Fat, Soy Lecithin, Vanillin, Natural Flavor), Cocoa Powder Dutch, Eggs, Sugar, Invert Sugar

ALLERGENS: EGGS, MILK, SOY, WHEAT

Nutrition Facts	
Serving Size 1 muffin 4oz (113g)	
Servings Per Container 1	
Amount Per Serving	
Calories 420	Calories from Fat 200
% Daily Value*	
Total Fat 23g	35%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 290mg	12%
Total Carbohydrate 51g	17%
Dietary Fiber 1g	4%
Sugars 30g	
Protein 5g	
Vitamin A 2% • Vitamin C 0%	
Calcium 2% • Iron 4%	



Product Number
33473
Green Apple Cinnamon
4 oz

INGREDIENTS: Unbleached Unbromated Wheat Flour, Sugar, Natural Food Starch, Baking Powder, Salt, Natural Flavors and Vegetable Gums, Water, Canola Oil, Invert Sugar, Applesauce, Eggs, Cinnamon, Natural & Artificial Green Apple Flavor

ALLERGENS: EGGS, WHEAT

Individually Wrapped Muffins Lemon, Orange and Other Flavors Available Upon Request.

ITEM #	DESCRIPTION	PACK	ALLERGENS	SERVINGS SIZE	CASE LOAD (L x W x H)	CUBE	NET. WT (lbs.)	GROSS WT (lbs.)
33470	Banana Nut Muffin	90 / 4 oz	Eggs, Nuts, Wheat	4 oz	21 x 11 x 15	2.139	21.5	24
33471	Blueberry Muffin	90 / 4 oz	Eggs, Wheat	4 oz	21 x 11 x 15	2.139	21.5	24
33472	Double Chocolate Muffin	90 / 4 oz	Eggs, Milk, Soy, Wheat	4 oz	21 x 11 x 15	2.139	21.5	24
33473	Green Apple Cinnamon Muffin	90 / 4 oz	Eggs, Wheat	4 oz	21 x 11 x 15	2.139	21.5	24

CASES PER LAYER	LAYERS PER LOAD	TOTAL CASES PER UNIT	STORAGE – SHELF LIFE
8	5	30	5 to 7 Days when stored at ambient temperatures 180 Days when stored frozen



0 Trans Fat



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